

# What is the highest perceived benefit or aspiration of my Life?

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<http://anandavala.info/article/What-is-the-highest-perceived-benefit-or-aspiration-of-my-Life.pdf>

Only a few hours ago the I Ching urged me to commit to my highest aspiration and to announce my intention. It said "*Make known the arrival of a message from heaven and announce it at the Earth altar. If you don't deliver your important message you will be cut off and isolated. Call out. Tell us now. Now!*" Then along comes an invitation to do so on Facebook, which motivated this... :)

So, what is the highest perceived benefit or aspiration of my Life?

It is to play my part in the reception and delivery of a subtle message from spirit, via inspiration and insight. The purpose of which is to guide and inspire us to collectively overcome certain fundamental illusions and their destructive influences. In this I feel I have a small part to play.

There are certain unconscious, habitual false interpretations that lead to distorted perception, experience, interpretation, conception, action, relationships, language, organisations, societies, philosophy, spirituality, religion and science. In countless ways at all scales this leads to suffering, destruction and ever deepening delusion. It is a systemic crisis that permeates the entire civilisation from our private thoughts, personal interactions, social structures to global dynamics. These delusions remain unquestioned most of the time and when brought to light they are easily dismissed by minds deeply entranced by the many illusions. The countless symptoms are treated in isolation and in dysfunctional ways, eventually leading to more layers of delusion, suffering and destruction.

There is a core false assumption that distorts all of our minds (naive realism, see later for details). It serves as the root that nourishes ever more branches of delusion, which branch off and become denser. Most people live their lives out amongst the leaves, fruits and flowers of the tree of delusion - that is what we call "normal consciousness" and "the modern world".

Some activists and revolutionaries try to prune particular branches, reacting to particular symptoms of the crisis, but the branches keep growing back slightly different but even denser. Some mystics penetrate to the root and cut it in themselves, liberating that stream of consciousness, which helps us all in subtle ways, but the tree still flourishes and steadily chokes civilisation. This has been going on for tens of thousands of years and the tree has grown vast and thick.

However if the root is cut, not just in the minds of mystics, but at the core of our deepest cultural beliefs, it may take hundreds or even thousands of years, but eventually the whole tree will wither. There is nothing simple about this, but it is possible and without it things will only get worse. Those attached to the delusions will scoff at this, but many know that something is deeply wrong with the world and know in their heart that there is so much more potential that can be realised.

There are many converging factors, one of which is that there have been certain excavations over the past century in the form of quantum mechanics that reveal that root and thereby open up the opportunity to strike at it within the core of physics and to remove certain fundamental and far-reaching misconceptions such as materialism and simplistic mechanistic thinking. Thus enabling many more than just the mystics to strike at the root within themselves. Perhaps in my life time or perhaps in coming generations we may manage to sever that root at the core of physics. From there it can eventually be severed in other sciences, then related cultural discourses and practices, then the distorted religions - eventually even reaching pop-culture and politics. But that would take a very long time if it is even possible. However each step will radically improve the situation.

The purpose is to clear away the tangled, choking branches of delusion, to reveal the hidden potential of humanity which has gone unnoticed. Thus allowing it to flourish and bring about a whole new cycle of civilisation. It's a long term goal, in which I hope to play a small but useful part.

For any of you who get what I'm saying and are interested in more information, there are many ways to dig deep and cut through delusion, here is an indication of some of my approach and tools:

## **Recent answers on Quora**

Both Quora links and PDF versions.

### **What is naïve realism?**

<https://www.quora.com/Naive-Realism/What-is-naive-realism/answer/John-Ringland>

<http://anandavala.info/article/What-is-naive-realism.pdf>

### **What is the currently dominant paradigm?**

<https://www.quora.com/Quantum-Mechanics/Do-we-have-a-collective-paradigm-Else-is-it-fragmented/answer/John-Ringland>

<http://anandavala.info/article/Do-we-have-a-collective-paradigm-Else-is-it-fragmented.pdf>

### **Can science escape the influence of naïve realism?**

<https://www.quora.com/Naive-Realism/Can-it-ever-be-said-that-Scientific-realism-takes-off-from-the-springboard-of-commonsense-or-naive-realism/answer/John-Ringland>

<http://anandavala.info/article/Can-it-ever-be-said-that-Scientific-realism-takes-off-from-the-springboard-of-commonsense-or-naive-realism.pdf>

### **How can we truly understand what quantum mechanics is saying about the nature of reality?**

<https://www.quora.com/Quantum-Mechanics/Will-we-ever-be-able-to-truly-understand-Quantum-Mechanics/answer/John-Ringland>

<http://anandavala.info/article/Will-we-ever-be-able-to-truly-understand-Quantum-Mechanics.pdf>

### **How can we understand wave / particle duality?**

<https://www.quora.com/Wave-Particle-Duality/Is-light-a-wave-or-a-particle/answer/John-Ringland>

<http://anandavala.info/article/Is-light-a-wave-or-a-particle.pdf>

### **How has the entrenched paradigm responded so far to the paradigm shift?**

<https://www.quora.com/Scientific-Revolutions/Has-science-become-too-dogmatic/answer/John-Ringland>

<http://anandavala.info/article/Has-science-become-too-dogmatic.pdf>

### **How does the emerging scientific paradigm converge with mystic spirituality?**

<https://www.quora.com/What-can-be-learned-from-video-games-that-is-hard-to-learn-any-other-way/answer/John-Ringland>

<http://anandavala.info/article/What-can-be-learned-from-video-games-that-is-hard-to-learn-any-other-way.pdf>

### **What are some potential obstacles during a paradigm shift?**

<https://www.quora.com/Psychology/Despite-having-evidence-that-contradicts-someones-belief-why-cant-they-come-to-believe-something-new/answer/John-Ringland>

<http://anandavala.info/article/Despite-having-evidence-that-contradicts-someone%27s-belief-why-can%27t-they-come-to-believe-something-new.pdf>

### **What is a viable candidate to the new scientific paradigm?**

<https://www.quora.com/Philosophy/What-is-your-theory-of-everything/answer/John-Ringland>

<http://anandavala.info/article/What-is-your-theory-of-everything.pdf>

## **Previous relevant links**

### **Motivation behind the work**

[http://www.newciv.org/nl/newslog.php/\\_v550/\\_show\\_article/\\_a000550-000134.htm](http://www.newciv.org/nl/newslog.php/_v550/_show_article/_a000550-000134.htm)

### **Recognising a self-reinforcing delusion**

<http://anandavala.info/article/How-does-one-recognise-when-one-is-caught-within-a-self-reinforcing-delusion.pdf>

### **A deeper understanding of Consciousness**

<http://anandavala.info/What-is-Consciousness.pdf>

### **Signs of an Emerging Paradigm Shift (brief overview)**

<http://anandavala.info/article/EmergingParadigm.pdf>

### **The philosophical core of my approach**

<http://anandavala.info/OIPVSE.pdf>

### **The mathematical core of my approach**

<http://www.anandavala.info/SystemSimulation.pdf>

### **Advice on Nurturing the Emerging Memplex (Paradigm)**

<http://anandavala.info/article/nurturing.pdf>

## **STriking At the Root (STAR)**

<http://www.anandavala.info/STAR/>

## **Main website**

<http://www.anandavala.info/>